



Western Ontario

**THE POINT EDWARD SKATING CLUB INC.  
2009-2010 Season**

**REGISTRATION**

Registration will be held at the Point Edward Optimist Hall (at the arena):

August 26, Wednesday	6:00 - 8:00
September 2, Wednesday	6:00 - 8:00
September 8, Tuesday	6:00 - 8:00

First day of skating will be Monday, October 5. Carnival April 3, 4, 2010, Easter weekend.

**PROFESSIONAL COACHING STAFF**

Our Club offers a wide range of coaches, all Level 3 Certified, to enhance your child's skating progress. Coaches are available for private lessons and also teach group sessions. Private lessons may be scheduled on the Canskate and Pre-Preliminary sessions as well as the Private Ice sessions. Sonia is always happy to answer any questions or concerns that you have.

Brad Loosley	519-882-2073	loosley@hotmail.com
Wendy Loosley	519-882-2073	loosley@hotmail.com
Mark Moore	519-542-9297	moore944@sympatico.ca
Karen Riley	519-402-0834	karen_7@live.com
Sonia Rivard	519-908-9084	srivard123@hotmail.com

**PROGRAM ASSISTANTS**

Program Assistants are an integral part of your child's skating experience. Program Assistants are experienced skaters who have taken Skating Instruction courses and volunteer their time and expertise because of their love of the sport.

[www.ptedwardskatingclub.com](http://www.ptedwardskatingclub.com)

### **PARENT & TOT**

Age: 2 to 5 Experience: Little or none for child, some for adult.  
This session provides an opportunity to enjoy teaching your own child to skate with the help of a professional coach. Parent or helper must be 18 years or older. It is best if the same adult comes every week as each person on the ice has to be registered with Skate Canada. Skaters on this session will not participate in the Carnival.

### **KIDSKATE**

Age: Approx 3 to 5 Experience: Little or none.  
Children are taught through games and following others, to fall down, get up and enjoy their skating experience. Professional Coaches will supervise this program with the help of qualified Program Assistants. No parents or siblings are allowed on the ice.

### **POWER – LEVEL I - BEGINNER**

Age: 3 and up Experience: Must be able to skate independently  
This session is for those children who want to learn speed, stopping, turning and backward skating. Skaters on this session will not participate in the Carnival.

### **POWER – LEVEL II – ADVANCED**

Age: 5 and up Experience: Must be able to skate backwards and stop  
This session is for those children who want to enhance their speed, turns and power. Skaters on this session will not participate in the Carnival.

### **CANSKATE**

Age: 6 and up Experience: Very little. Encompasses Canskate Levels 1 through 7.  
The Club recommends that skaters choose the 2-day a week session in order to progress faster. The Canskate program offers opportunities for skaters to develop basic skating abilities with the option of taking Skate Canada tests, while earning awards and incentives. A Professional Coach will supervise all sessions with the help of qualified Program Assistants. Each session will be comprised of a warm-up period, a teaching component, a review and a cool-down period. Children will be assessed on a daily basis and progress at their own rate.

### **PRE-PRELIMINARY**

Age: 6 and up. Experience: Canskate Level 4 or higher.  
Pre-Preliminary will run a bit differently this year. Wednesday will be a group session as usual with a Professional Coach running the program assisted by qualified Program Assistants. Fridays will be an introduction to private ice. Each participant will receive a 15 min. semi private lesson (included in the price) from one of our Club Coaches. During the rest of the time the skater will practice his or her skills on their own with assistance when needed by a Program Assistant. During these lessons the skaters will get help with the individual skills in their badges and may learn a routine made up of previously learned skills. There will be an opportunity for many of the Pre-Preliminary skaters to participate in our club Pop Concert and some may even want to participate in a competition.

### **JUNIOR DANCE**

This session is recommended for Pre-Preliminary skaters working on Canskate Level 4 or higher. This session teaches different skills from the traditional freeskate and allows skaters to experience Skate Canada testing. Lessons are included in this 30 minute session.

### **ADULT - Beginner**

This session is for Adults who have little or no skating experience and want to learn the basics. Please contact the Coach of your choice for lessons. A minimum of 5 skaters is required, or the session will be cancelled. Skaters on this session will NOT participate in the Carnival.

### **ADULT – Intermediate**

This session is for Adults with some skating experience. Please contact the Coach of your choice for lessons. Skaters will NOT participate in the Carnival.

### **PRIVATE ICE**

Skating on Private Ice is the next step to take after Pre-Preliminary. Skaters are encouraged to move to our Junior Private Ice sessions as they complete the Level 7 Canskate requirements. The following guideline may be helpful:

1. Establish general goals with your skater. Determine if he/she wants to skate for fun or if they wish to compete. A definite decision is not required at this time, but this may help in the decision-making process.
2. Select and contact the Professional Coach of your choice from the list in this brochure. Each Coach has different qualifications, philosophy and lesson rate. Ask questions to ensure that your goals will match those of your coach. It is essential that you build a cooperative and trusting relationship.
3. Select ice times with your Coach that work best for your skater and your coach.
4. Select the lesson types based on Steps 1, 2 and 3 and register for those.

### **BOOSTER TABLE**

The Booster Table will be set up in the snack bar of the arena periodically throughout the skating season. Please watch the bulletin board for times and dates. The Booster Table sells gently used skating apparel as well as new, unused skating accessories. Proceeds from the Booster Table help to offset purchases of equipment used to assist skaters, coaches and parents in the operations of the Club. If you have any new or gently used skating items that you would like to sell, the Booster Table would be pleased to take them on consignment. All items should be clean and in saleable condition. Please price your items. For more information contact Bonnie Worsley 519-383-7956.

### **FUNDRAISING**

Fundraising is a vital part of the PESC. Without the fundraising efforts of our skaters and their families, we would not be able to offer affordable programs at all skill levels. Please consider assisting in one or more of our fundraising efforts.

**Chocolate Bars** – Each family with a skater at the Canskate level or higher will be required to sell 1 box of chocolate bars.

**Skate Canada Promotional Books** – This fundraising initiative helps to support our Club as well as our governing body, Skate Canada –Western Ontario Section. Each family with a skater at the Canskate level or higher will be required to sell 1 book of tickets. Ticket stubs must be returned to Donna MacDonald by Nov. 30, 2009 in order to be included in the draw.

### **VOLUNTEERS**

Volunteers are a vital part of our club and we need you year-round, not just during the winter season, to help the club run smoothly. If you can contribute contact: Marcy Harvey, Sherry Lewis or Deb Stronach, listed on the Director's page.

### **CARNIVAL**

Dates: Sat., April 3, & Sun., April 4, 2010 – EASTER weekend  
Carnival Pictures: Sunday, February 28, 2010  
Contact: Marcy Harvey 519-541-1569

Cost of carnival costumes will be \$25-50, less a \$15 carnival fee paid at the time of registration. Parents are responsible for payment of the costume material and sewing the costumes or having them made. Costumes must be completed prior to carnival pictures in order to guarantee your skating position in the carnival. The 2 weeks prior to the carnival will be strictly for carnival practice. No regular skating lessons will be offered. Private Ice skaters are required to attend early morning practices the week prior to the carnival.

### **CLUB REGISTRATION PAYMENT POLICY**

Make cheques payable to POINT EDWARD SKATING CLUB INC.  
In order to participate in registered sessions, competitions, the carnival and take tests, all fees must be paid in full. 50% is due at Registration, with full payment (post-dated cheques) due by Nov. 15, 2009. Ice costs are \$25 less for 2<sup>nd</sup> and subsequent skaters; the predominant skater pays full price. \$25 NSF charge applies. Cash only for anyone with 2 or more NSF cheques. Refunds will only be considered in writing before Oct. 31, 2009 and requests for refunds should be sent to Alison Greenaway (address enclosed). Season Fees are non-refundable. A \$20 administration fee will be applied to all refunds. Any changes to registered session are to be submitted in writing to Cheryl VandeScheur 519-542-1609, before Oct. 31, 2009. The PESC reserves the right to cancel any session due to insufficient registration.

## **BOARD OF DIRECTORS**

The Point Edward Skating Club endeavours to educate and inform the members regarding skating, with an emphasis upon its pleasures, healthy aspects and its value as an activity which contributes to the development of fitness, self-discipline and character. If you have any concerns, please contact a Board Member.

<u>Donna MacDonald</u> President	1573 McGee Street Sarnia, ON N7S 2J5	519-542-6936
<u>Marcy Harvey</u> Vice President, Carnival	1366 Spartan Ave Sarnia, ON N7V 4B5	519-541-1569
<u>Mary Purdy</u> Secretary	724 Victoria Ave Point Edward, ON N7V 1J8	519-336-3027
<u>Alison Greenaway</u> Treasurer	1579 Rowe Ave Sarnia, ON N7V 3Y5	519-542-9579
<u>Karen Gladwish</u> PAs/Bulletin Boards	1632 Lakeshore Road Sarnia ON N7X 1B6	519-542-5336
<u>Sherry Lewis</u> Fundraising	369 Bradford Dr Sarnia, ON N7S 5S9	519-332-2283
<u>Josie Popen</u> Tests	117 Bridlepath Trail Sarnia, ON N7S 6M4	519-542-8750
<u>Deb Stronach</u> Fundraising	1291 Coral Way Sarnia, ON N7V 3R7	519-344-9087
<u>Deb Szabo</u> Public Relations	3263 Devonshire Rd Camlachie, ON N0N 1E0	519-869-4914
<u>Cheryl VandeScheur</u> Membership/Web/Newsletters	831 Errol Road E Sarnia, ON N7V 2G8	519-542-1609
<u>Sonia Rivard</u> Head Coach	Box 353 Brights Grove, ON N0N 1C0	519-908-9084
<u>Magy Salmoni</u> Program Coordinator	206 Auburn Place Sarnia, ON N7S 4S6	519-542-6982

## 2009-2010 CALENDAR OF EVENTS

Sept. 19	Car Wash
25-27	Isabelle Henderson Competition – Hamilton
Oct. 5	<b>Skating season begins at the Point Edward Arena</b>
30	Halloween – Come in a Halloween costume
Nov. 12-15	BMO Sectionals Competition – Sarnia SSEC
21	Skate-A-Thon
27-29	John McKay Competition - Tillsonburg
Dec. 7-9	Tests
11-12	Regular session – Skate with Santa
<b>24</b>	<b>NO SKATING</b>
<b>25</b>	<b>NO SKATING</b>
<b>26</b>	<b>NO SKATING</b>
<b>31</b>	<b>NO SKATING</b>
Jan. 1	<b>NO SKATING</b>
2	Family Skate (11:10-1:20)
8-9	Charles Dover Competition - Grimsby
<b>15-16</b>	<b>NO SKATING – Silver Stick Hockey (Fri./Sat.)</b>
29-31	Dennis Silverthorne Competition – St. Thomas
Feb. <b>5-6</b>	<b>NO SKATING – Girls’ Hockey (Fri./Sat.)</b>
13	Regular Skating - Valentines
13	Pop Concert
19-21	Boston Pizza Competition – St. Marys
26-28	Abela Competition – Windsor
28	Carnival Pictures
Mar. 6-7	Futures West Competition - Kingsville
13-14	Lyle McPhedran Competition – Sarnia
13-14	Trillium STARSkate – hosted in Eastern Ontario
15-19	March Break (regular skating sessions)
Apr. 2	Carnival Rehearsal
Apr. 3, 4	Carnival
May ?	Garage Sale – Pt.Edward Annual Garage Sale

### CLUB AND SKATING NEWS BULLETIN BOARD

Important notices about schedule changes, competitions, test days, carnival and carnival practices and meetings, will be posted on our bulletin board to the left of the entrance at the arena. Please check the bulletin board weekly for any upcoming changes or special events. Visit our web page [www.ptedwardskatingclub.com](http://www.ptedwardskatingclub.com)

**SCHEDULE & FEES – Oct.5, 2009 – April 4, 2010**

Day	Time	Session	Ice Cost - \$	Member Fees	Explanation of Member Fees
Monday	3:30-4:15	Sr. Free	175	#	
	4:15-4:25	FLOOD			A – Skate Canada Fee \$30 per skater
	4:25-5:10	Sr./Int. Free	175	#	
	5:10-5:30	Sr./Int. Dance & Skills	75	#	B – Skate Canada Promotional Book \$40 per family
	5:30-5:40	FLOOD			
	5:40-6:00	Jr/Int. Edge / Turns	100	#	
	6:00-6:15	Jr. Stroking	90	#	C – Carnival Costume Deposit \$15 per skater
	6:15-7:00	Jr. Free	175	#	D – Chocolate Bar Fundraiser \$60 per family
Tuesday	3:30-4:15	Sr. Free	175	#	
	4:15-4:30	Sr./Int. Endurance Stroking/Flexibility	90	#	E – Family Membership \$ 5 per family
	4:30-4:40	FLOOD			
	4:40-5:00	Sr./Int. Skills	75	#	
	5:00-5:45	Sr./Int Free	175	#	# Pay all fees (A,B,C,D,E)
	5:45-5:55	FLOOD			
	5:55-6:15	Jr. Skills	75	#	
	6:15-7:00	Jr. Free	175	#	
Wednesday	4:10-4:30	Int./Jr. Edge/Turns & Stroking	100	#	
	4:30-5:15	Int./Jr. Free	175	#	
	5:15-5:30	Int./Jr. Spins	90	#	
	5:30-6:00	Junior Dance	175	#	
	6:00-6:10	FLOOD			
	6:10-7:00	Canskate I I (2-days Wed. & Sat.)	325	#	Junior – completing Skate Canada Levels
	6:10-7:00	Pre-Preliminary (2-days Wed. & Fri.)	375	#	Intermediate – passed Pre-Preliminary Freeskate
					Senior – passed Senior Bronze Freeskate
Thursday	3:30-4:15	Sr. Free	175	#	Open – open to All
	4:15-4:30	Sr./Int. Edge/Turns	90	#	Extra Skills session \$6.
	4:30-4:40	FLOOD			Extra Freeskate session \$12.
	4:40-5:25	Sr./Int. Free	175	#	
	5:25-5:45	Sr./Int.Dance/Skills	75	#	<b>ADULT – Beginner – Fri. 7:10-8:00</b>
	5:45-5:55	FLOOD			
	5:55-6:15	Jr. Skills	75	#	<b>ADULT – Intermediate – Sat. 1:20-2:20</b>
	6:15-7:00	Jr. Free	175	#	
Friday	4:00-4:45	Sr. Free	175	#	
	4:45-4:55	FLOOD			
	4:55-5:40	Open Free	175	#	<b>POWER – Level I and Level II</b>
	5:40-6:00	Open Skills	75	#	Sat. 3:15-4:00
	6:00-6:10	FLOOD			<b>Power Sessions October 10 – March 13 , 2010</b>
	6:10-7:00	Pre-Preliminary	See Wed.		
	6:10-7:00	Junior Free	175	#	
	7:00-7:10	FLOOD			
	7:10-8:00	Canskate I - Friday (one day per week)	220	#	
	7:10-8:00	Adults – Beginner (ice only – book your own lessons)	200	A,D,E	

Saturday	11:10-11:40	Parent & Tot / Kidskate I	140 / 120	A,A,E / A,C,E	
	11:40-12:10	Kidskate II	120	A,C,E	
	12:10-12:20	FLOOD			
	12:20-1:10	Canskate II (2 days – Wed./Sat.)	See Wed.		
	12:20 – 1:10	Canskate I - Saturday (one day per week )	220	#	
	1:10-1:20	FLOOD			
	1:20-1:50	Open Dance	100	#	
	1:50-2:20	Open Dance / Skills	100	#	
	1:20-2:20	Adults – Intermediate (ice only –book your own lessons)	200	A,D,E	
	2:20-3:05	Open Free	175	#	
	3:05-3:15	FLOOD			
	3:15-4:00	Power Level I & Level II	200	A,D,E	